



City of
Kalgoorlie
Boulder

Public Health Plan 2023-2027





Acknowledgement of Country

The City of Kalgoorlie-Boulder acknowledges the Traditional Custodians of this land and pays its respects to elders past and present.

Karlkula Tjukurrpa (Silky Pear Dreaming)

Artist: *Regina Donaldson*



Project Consultant: *Dr Melissa Stoneham, Stoneham and Associates*

The City of Kalgoorlie-Boulder would like to thank all staff, Elected Members, community members, stakeholders and organisations who have been involved in the development of the City's Public Health Plan for their input, time, support, and expertise.



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Introduction

The City of Kalgoorlie-Boulder (the City) was formed in 1989 after the two local governments of the Town of Kalgoorlie and the Shire of Boulder were amalgamated. The City is in the heart of the Goldfields-Esperance Region of Western Australia (WA), approximately 600 kilometres northeast of Perth.

The City plays a vital role as leader, partner, advocate, planner and advocate in protecting and promoting health, now and into the future.

The City's Public Health Plan outlines the longer-term vision, values, aspirations and objectives of our community over the next five years to ensure a healthy and happy community. It sets the health priorities for residents and visitors, outlines strategies to prevent, promote or reduce public health issues, partners with local agencies and supports the community to achieve optimum health and wellbeing.



Under the *Public Health Act 2016*, we are required to prepare a Public Health Plan every five years or include public health and wellbeing matters in the overarching Council Plan. It is a requirement to consider the *State Public Health Plan 2019 – 2024 priorities* and adapt them as necessary to reflect the particular public health risks prevailing in our City. The Plan is also part of the integrated planning and reporting framework legislated under the *Local Government Act 1995*.

In the 2020-2030 Strategic Community Plan, the City committed to invest in our community by pursuing strategies that will future-proof our City, expand and diversify our economy, increase our population, keep our community safe, connect our community and maintain a green and sustainable City. The development of this Public Health Plan aligns with this commitment in that it aims to promote and protect the wellbeing of our community across all life stages. We will achieve this through working to create and improve the physical, social, natural, cultural and economic environments that promote health and wellbeing.



Message from the CEO



Andrew Brien
Chief Executive Officer
City of Kalgoorlie-Boulder

The health and well-being of Kalgoorlie-Boulder residents will always be a priority for the City.

Enriching the lives of those who live in our community is crucial to fostering positive mental and physical health and ensuring Kalgoorlie-Boulder is a place everyone can call home.

Our Public Health Plan is a five-year strategy to empower our residents to embrace positive lifestyle choices and thrive.

It is the result of months of community consultation including online surveys, workshops, and engagement sessions. It pioneers a way of life for our community not only in the short-term but as a future-proof initiative for generations to come.

Our objectives are proudly ambitious and comprehensive and will be achieved by supporting a broad range of initiatives that take a holistic approach to health and well-being for people of all ages. These include providing greater access to fresh,



nutritious, and affordable food and reducing the use of drugs and alcohol including tobacco and vapes. We will continue to ensure safe and secure public spaces as well as equal access to facilities such as parks, recreational areas, footpaths, and community centres.

Ensuring people have access to mental health support services and prevention programs is part of our blueprint to help our residents maintain positive mental health.

The Public Health Plan will deliver engaging and inclusive events that will enhance the quality of life for people of all ages and backgrounds and recognises

the need for an integrated and inclusive approach to cultural diversity through events such as our long-standing Multicultural Festival.

The success of our Public Health Plan relies on active participation and collaboration from our residents, staff, and stakeholders to create a strong, connected community where everyone can succeed.

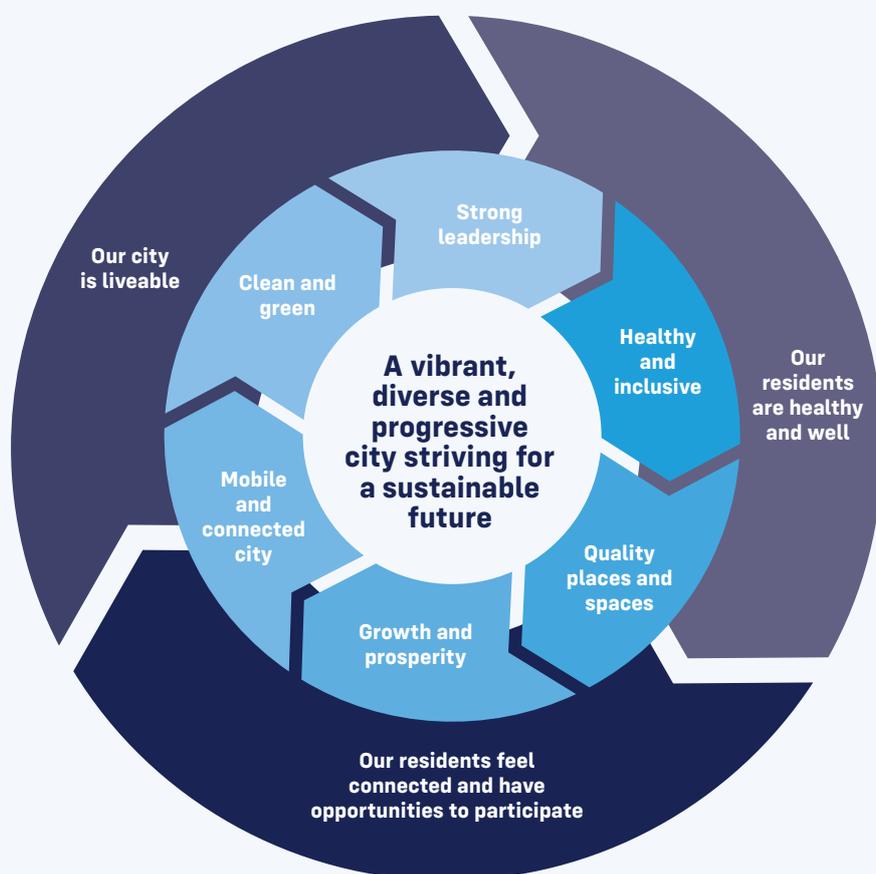
Together, we can build a healthier and stronger City for all.



The City's Public Health Plan is guided by three broad wellbeing outcome areas:



This approach is summarised in the next diagram, acknowledging the many influences on the health and wellbeing of our community.



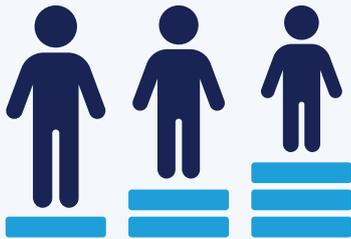


Billabong



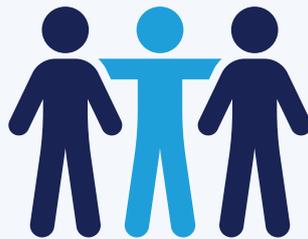
G E
Kupurri & Oursari

Public Health Plan Principles



Equity

We will work to ensure everyone is treated fairly and with respect regardless of gender, ability, race or age and recognising that not everyone has the same opportunities, knowledge, skills and resources to achieve and maintain good health and wellbeing.



Inclusion

We will work to ensure every member of our community feels valued, respected, supported, safe, can fully participate in community life, and benefits from social and economic inclusion.



Can Do

We will work alongside partners to ensure we can implement this Plan to promote and protect the community's health.



Respect

We will work in a respectful way to ensure the participation of stakeholders, all communities and their people, so they can improve and have control over issues that affect their own health.



Evidence informed

We will make decisions based on the best available data, using evidence to identify potential benefits, harm and costs of any interventions and acknowledge that what works in one context may not be appropriate or feasible in another.



Collaborate

We will strengthen alliances with local partners that share common goals, values and approaches to strengthen capacity and improve integrated health promotion while reducing duplication and fragmentation.



The Development of the Plan

The City's Public Health Plan was developed by:



1.

Preparing a
City Health and
Wellbeing Profile



2.

Consulting
with City staff,
Elected Members,
stakeholders and
the community



3.

Convening a priority
setting workshop
with a wide range of
partners to validate
the priority issues



4.

Drafting and
adopting the Plan



Kalgoorlie-Boulder's Health and Wellbeing Profile

This Plan considers current and expected changes in community demographics, social issues and local, national and global public health influences.

In 2023, the City's population is 30,679, with residents from across 50 nationalities.¹

Notably, the City has twice as many Aboriginal and Torres Strait Islander population when compared to the WA average. There are also considerably more people between 25 and 39 years of age.²

The prevalence of health and wellbeing risk factors in the community are linked to chronic disease conditions and mental health wellbeing. Many of these risk factors are preventable.

RISK FACTORS AND LOCAL LIFESTYLE HABITS	PREVALENCE ESTIMATE CKB	PREVALENCE ESTIMATE WA
Eats less than 2 serves of fruit daily	54%	57.4%
Eats less than 4 serves of vegetables daily	89%	93.2%
Drinks alcohol at high risk levels for short-term harm	13%	9.2%
Spends less than 150 min doing physical activity a week	40%	42.5%
Overweight or obese children	25%	25.4%
Obese adults	39%	33.8%
Smokes	15%	10.1%
Mental health diagnosis	13%	15.9%

Additional Data:

- 60% of parents in the Goldfields region said their child had been sunburnt over the previous year.³
- Goldfields residents are twice as likely to have a traffic accident compared to the WA average.⁴
- Falls are the most common injury causing hospitalisations in the City.⁵
- 45% of Goldfields Aboriginal mothers smoke during pregnancy.⁶
- Goldfields residents are 1.3 times more likely to commit suicide compared with the WA rate.⁶
- Fewer Goldfields residents attended a primary health care service in the past 12 months when compared to the WA average.⁶
- Ear, nose and throat infections were the overall leading cause of potentially preventable hospitalisations in the Region (23%).⁶

¹2022 Australian Bureau of Statistics. ²2021 Census. ³https://ww2.health.wa.gov.au/~/_/media/Files/Corporate/Reports-and-publications/WA-children-and-their-health/health-behaviours-goldfields-south-east-health-region.pdf. ⁴https://www.wacountry.health.wa.gov.au/~/_/media/WACHS/Documents/About-us/Publications/Health-profiles-and-service-plans/Goldfields_Health_Profile_2018.pdf. ⁵Injury Matters CKB Injury fact sheet. ⁶<https://www.wapha.org.au/wp-content/uploads/2015/12/Regional-Profile-2016-Goldfields-population-and-health-snapshot-FINAL-002.pdf>.



Consultation to Identify the Top Six Public Health Priorities

A range of consultation strategies were used to identify local public health and wellbeing priorities, including an online survey, conversations, discussion groups and interviews. Over 570 individuals were consulted when developing this Plan. The results of these consultations are below.



Staff

A total of **124 staff** members completed an online survey. Their top six public health and wellbeing priorities were:

1. Crime and community safety
2. Alcohol and drug misuse and harm
3. Mental health wellbeing
4. Poor access to healthy, fresh and affordable food
5. Poor access to medical services
6. Road safety



Stakeholders

A total of **15 local services** completed an online survey. Their top six public health and wellbeing priorities were:

1. Mental health wellbeing
2. Alcohol and drug misuse and harm
3. Improving Aboriginal wellbeing
4. Access to affordable housing
5. Access to community-based health education
6. Crime and community safety



Community

412 residents contributed and completed a survey or participated in a conversation. Their top six public health and wellbeing priorities were:

1. Crime and community safety
2. Drug misuse and harm
3. Mental health wellbeing
4. Access to affordable housing
5. Poor access to healthy, fresh and affordable food
6. Access to medical services

Overall

What one issue could the City address to improve the community's health and wellbeing?



Most Common overall themes from the consultation processes were:



Safer streets and homes



Safe, shaded and well-lit paths



Access to mental health prevention programs



Engaging and inclusive community events



Affordable housing options



Targeted activities for young people





Prioritisation of Public Health Issues

Six public health priorities were selected for inclusion in this Plan:

- Aboriginal wellbeing
- Reducing drug misuse, tobacco and e-cigarettes
- Mental health support and services
- Access to housing, affordability and rough sleeping
- Access to fresh, nutritional and affordable food
- Environmental health protection

These priorities are based on the available data, consultation results, workshop with over 25 stakeholders, and the ability for the City to respond effectively within regulatory and legislative boundaries.

To achieve outcomes across these six priority public health issues, the City has developed five implementation pillars to guide action. These are:

- Delivering and planning of services
- Building health knowledge within the community
- Developing policy to ensure sustainable actions
- Advocating on behalf of the community
- Partnering to develop and promote local initiatives

The City's Public Health Plan framework is illustrated on the next page.

Public Health Plan on a Page

Overarching themes



Priority Public Health Issues



Access to fresh, nutritional and affordable food



Mental health prevention



Reduce drug misuse & harm including tobacco & vapes



Environmental health protection



Access to affordable housing to reduce rough sleeping



Aboriginal wellbeing

CITY OF KALGOORLIE-BOULDER ROLE	PRIORITY POPULATIONS AND GROUPS
<ul style="list-style-type: none"> Deliver Build knowledge Develop policy Advocate Partner 	<ul style="list-style-type: none"> Aboriginal and Torres Strait Islander people Children and young people People living in poverty Older people Culturally diverse people and minority groups People living with a disability and carers



Implementation, Governance and Monitoring

The Public Health Plan is a whole of local government plan and will require delivery of actions across a range of service areas.

The City of Kalgoorlie-Boulder will be accountable for the delivery of the Public Health Plan. The City's Environmental Health Services will lead the way in public health wellbeing, and collaborate with key City services and stakeholders.

Monitoring and reporting of the Plan will be co-ordinated by the City's Environmental Health team in collaboration with City Directors and the CEO.

The strategic and operational governance of the Plan will be overseen by two committees:

City of Kalgoorlie-Boulder Environmental Health Committee

This committee will consist of representatives of key stakeholders, including City Officers and local external agencies which have a significant role in or influence on community health and wellbeing. This committee will provide regular performance reporting to the City's CEO.

Advisory Committee

This committee will meet twice a year to provide strategic advice on the ongoing development, improvement, implementation and evaluation of the Public Health Plan.

Six-monthly reviews and reporting against the action plan will be undertaken by relevant City service areas, and provided to the Public Health Working Group, the City Executive Management Team, and Council to track progress and identify any opportunities for collaboration and/or improvement.

The Action Plan will be reviewed annually to:

- Check the progress of the plan's actions and partnerships
- Identify any funding/partnership opportunities
- Identify any budget/resource changes
- Identify any emerging public health issues
- Amend/update the action plan for the following year

Indicators of success will be used to track the impact and effectiveness of the Plan's strategies and actions over the short, medium and long-term.

Short-term indicators will include:

- Actions from the PHP annual action plan have been implemented as planned
- Actions from the PHP annual action plan have been an effective way for the City to focus on health and wellbeing
- Public health activities are reaching the community
- Improved partnerships

Medium-term indicators will include:

- Improved community perception of community health, wellbeing, and liveability issues and status
- Improved community perception and use of the City's health, wellbeing, and liveability services and assets

Long-term indicators will include:

- Decrease or no change in prevalence of health risk factors in the community
- Increased prevalence of protective health factors in the community
- Changes in access to socio-economic resources within the community



The City's Public Health Priority Actions

The following establishes the strategies that the City will implement to improve and promote the public health and wellbeing of local communities. All strategies align to the three overarching wellbeing outcomes of having healthy and connected residents and a liveable City and are guided by the Public Health Plan values.

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
Aboriginal Wellbeing										
	Deliver	Build Knowledge	Policy	Advocate	Partner	23/ 24	24/ 25	25/ 26	26/ 27	
Through the established Reconciliation Committee, provide input into Council decision-making processes that affect the health and wellbeing of their communities	✓		✓	✓	✓	●	●	●	●	Community Development (RAP)
Work with Bega Garnbirringu, Department of Communities and other stakeholders, to plan and promote programs to meet the needs of local Aboriginal people with a focus on improving living conditions in community housing			✓	✓	✓	●	●	●	●	Community Development (RAP)
Improve the acknowledgement, recognition and engagement with local Aboriginal people, their communities and culture through the City's Reconciliation Action Plan (RAP)	✓	✓	✓	✓	✓	●	●	●	●	Community Development (RAP)
Endeavour to integrate cultural celebrations/recognition within community events through the City's RAP	✓	✓	✓			●				Community Development (RAP)
Ensure all Elected Members undertake locally relevant culturally competence training when taking up office through the City's RAP and Councillor induction process		✓	✓			●		●		Office of CEO (RAP)
Promote the Jobs Support Hub's services for the period of Federal funding	✓					●	●			Community Development (RAP)
Develop an Aboriginal employment strategy			✓				●			Community Development (RAP)
Actively implement the City's RAP	✓					●	●	●	●	Community Development (RAP)
Work with local services to better service rough sleepers including transport options back to community	✓			✓	✓	●	●	●	●	Development & Growth
Actively sponsor or support Aboriginal event(s), the Goldfields Aboriginal Business Chamber, and local Aboriginal businesses		✓			✓		●	●	●	Development & Growth

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
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Mental Health Prevention

	Deliver	Build Knowledge	Policy	Advocate	Partner	23/24	24/25	25/26	26/27	
City to actively engage in Suicide Prevention and Community Wellbeing initiatives for the benefit of staff and the community				✓	✓	●	●	●	●	Community Development
Develop and regularly update a mental health services and programs directory	✓	✓			✓	●	●	●	●	People & Culture
Engage with Mentally Healthy WA and Mental Health Connect to provide local government-specific messages about mental health promotion	✓	✓			✓		●			Community Development
Provide and support community events, facilities and programs that connect people, increase resilience, and enable a sense of community and purpose	✓	✓	✓	✓	✓	●	●	●	●	Community Development
Connect with the Good Arts, Good Mental Health project to promote local arts groups and projects to promote mental wellbeing		✓			✓		●	●	●	Community Development
Plan and deliver a program that enables locally planned 'Welcome to the City' events (BBQ, street party) to occur for new residents at least once a year across multiple suburbs	✓	✓			✓			●	●	Community Development; and Development & Growth
Activate community-based green spaces by contracting service providers to offer free physical activity programs that suit all ages and capabilities	✓	✓	✓		✓		●	●	●	Community Development
Promote volunteerism within the community		✓		✓	✓		●	●	●	Community Development
Promote mental health first aid training to staff	✓	✓		✓	✓	●	●	●	●	People & Culture
Run or partner in an annual community-wide RUOK event	✓	✓			✓		●	●	●	Community Development

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
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Access to fresh, nutritional and affordable food

	Deliver	Build Knowledge	Policy	Advocate	Partner	23/ 24	24/ 25	25/ 26	26/ 27	
Investigate a healthy catering policy for all Council meetings and events	✓		✓	✓		●				Office of CEO
Support community members to grow, share and prepare backyard produce by providing skills-based workshops	✓	✓			✓	●	●	●	●	Engineering; and Community Development
Investigate the replacement of all sugary drinks in Council-owned facilities by 2026		✓	✓	✓				●		Corporate & Commercial
Adopt and implement a healthy food and drink policy that covers all City-owned or managed buildings and facilities (including those leased, hired, or subcontracted), Council-operated premises, Council-provided services, and Council-sponsored, funded or organised events.	✓	✓	✓	✓	✓		●			Corporate & Commercial
Increase participation in community food and sustainability programs including community gardens		✓		✓	✓	●	●	●	●	Engineering
Work with the resource sector and other stakeholders to provide a bus that provides an outreach service from Foodbank to local communities – include nutrition and healthy food resources and information	✓			✓	✓			●	●	Community Development
Partner with appropriate organisations to deliver community nutrition programs		✓			✓			●	●	Development & Growth
Advocate for more affordable and healthier foods in remote communities across the Goldfields Region				✓				●	●	Development & Growth
Run initiatives to assist food business to reduce food wastage	✓		✓				●	●	●	Engineering
Deliver an annual workshop to upskill registered food businesses to develop a “healthy choice” section of their menu and provide incentives for voluntary participation	✓	✓	✓	✓	✓		●	●	●	Development & Growth

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
Reduce drug misuse and harm including tobacco and e-cigarettes										
	Deliver	Build Knowledge	Policy	Advocate	Partner	23/24	24/25	25/26	26/27	
Pilot additional non-legislative smoke-free public spaces	✓	✓	✓	✓	✓			●	●	Development & Growth
Partner with Goldfields Public Health Unit (GPHU) to support quit smoking programs	✓	✓			✓		●	●	●	Development & Growth
Increase community education on the harms of illicit drug use and e-cigarettes	✓	✓			✓	●	●	●	●	Development & Growth
Engage with the Alcohol and Drug Foundation (Good Sports Program) and Cancer Council to plan programs to prevent alcohol and other drug-related harm in the community	✓	✓			✓		●	●	●	Community Development
Work with the GPHU to raise awareness of the needle syringe exchange program		✓			✓	●	●	●	●	Development & Growth
Review and update the sharps container placement policy			✓			●	●	●	●	Engineering
Provide and promote City services and programs that positively engage and develop young people	✓				✓	●	●	●	●	Community Development
Investigate and deliver more alcohol-free events	✓	✓	✓			●	●	●	●	Community Development
Move the designated smoking area at the Airport further away from the terminal	✓		✓				●	●	●	Corporate & Commercial
Investigate increased non-smoking signage across the City	✓	✓					●			Development & Growth
Work with partners to collect local drug use data from postcodes 6430 and 6432	✓				✓		●	●	●	Development & Growth
Update and implement a Community Safety & Crime Prevention Plan	✓		✓		✓	●	●	●	●	Development & Growth

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
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Access to affordable housing to reduce rough sleeping

	Deliver	Build Knowledge	Policy	Advocate	Partner	23/ 24	24/ 25	25/ 26	26/ 27	
Advocate for more affordable and essential worker housing				✓		●	●	●	●	Development & Growth
Promote all renovations and restoration of local homes to be energy efficient and water wise		✓		✓				●	●	Development & Growth
Continue housing meetings to identify actions to address accommodation shortages in the short, medium and long-term	✓			✓	✓	●	●	●	●	Development & Growth
Upgrade or assist in relocation of the existing Boulder Camp in line with available funding sources	✓					●	●	●	●	Development & Growth
Assess and investigate the feasibility to redevelop and re-activate dead spaces, abandoned properties and liaise with relevant departments and stakeholders to improve the aesthetics of the streetscapes	✓			✓				●	●	Development & Growth; and Engineering
Investigate options to reduce the cost of residential infill development	✓		✓				●	●	●	Development & Growth
Investigate communal living – multi-generational housing/ residential buildings, prefab homes, tiny home communities, etc		✓						●	●	Development & Growth
Work with local services to better service rough sleepers including transport options back to community					✓	●	●	●	●	Community Development

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
Environmental Health Protection										
	Deliver	Build Knowledge	Policy	Advocate	Partner	23/24	24/25	25/26	26/27	
Continue to apply and promote local government statutory requirements and compliance of relevant public and environmental health legislation	✓	✓	✓			●	●	●	●	Development & Growth
Advocate to State agencies that additional resources need to be allocated to safe and secure asbestos removal in the region				✓		●	●	●	●	Development & Growth
Advocate for more workshops with local builders, plumbers and workers of their statutory requirements e.g. How to process on-site effluent disposal system				✓		●	●	●	●	Development & Growth
Develop a climate resilience strategy for the City identifying/ investigating and focusing on environmental health-based risks/hazards to the community's health and wellbeing	✓		✓					●	●	Corporate & Commercial
Maintain a positive working relationship with Bega Garnbirringu health services and plan joint projects to mitigate Environmental Health Risks/ Hazards factors impacting health and wellbeing	✓				✓		●	●	●	Development & Growth
Educate and support (sport/ event) organisers with risk management and emergency management and to develop plans to support risks/ hazard preventions and reductions	✓	✓			✓		●	●	●	Development & Growth
Implement the City's mosquito management plan	✓		✓			●	●	●	●	Development & Growth
Continue to refine the food safety management systems to ensure risk-based incentives are offered			✓			●	●	●	●	Development & Growth
Promote and encourage food safety training for registered food businesses in the City to better facilitate food safety and hygiene practices	✓	✓				●	●	●	●	Development & Growth
Investigate the provision of a community kitchen				✓	✓	●	●	●		Development & Growth

Public Health Priority	City of Kalgoorlie-Boulder Role Implementation Pillars					Timeframe				City Lead/s
	Deliver	Build Knowledge	Policy	Advocate	Partner	23/24	24/25	25/26	26/27	
Investigate provision of increased shade in existing and new recreational facilities and public spaces			✓	✓			●	●	●	Engineering
Participate in the Healthy Homes program with #endingtrachoma and WA Health	✓				✓	●	●	●	●	Development & Growth
Ensure the City is well prepared to respond and recover from major emergencies, disasters or serious public health epidemics and incidents	✓	✓	✓	✓	✓	●	●	●	●	Development & Growth
Review the City's Health Local Laws	✓		✓	✓		●	●			Development & Growth; and Office of CEO
Create and promote a health-promoting workplace for City staff and Elected Members	✓	✓			✓	●	●	●	●	People & Culture; and Office of CEO
Lead the implementation and monitoring of the Public Health Plan	✓		✓			●	●	●	●	Development & Growth





**City of
Kalgoorlie
Boulder**

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This information is available in alternative formats on request.
Please contact The City of Kalgoorlie-Boulder on (08) 9021 9600 for further details.

VER-08.23