

What is a Men's Shed?

Inspired by the backyard shed, an icon in Australian culture, the *Men's Sheds of Australia* is a movement to provide a place for people to come together for socialisation and to be a part of their community.

No Shed is the same. Some build, others cook, and some, may just be a place for people to come in for a cuppa and a chat. However, the intent is constant – Men's Sheds are a place for people to not feel alone.

For many of us, as we get older, the number of mates we have becomes less and less. This transition can feel quite isolating for many.

Men's Sheds are a reminder that you're not alone in this, and that as we get older, we can still find great friends.

Open hours:

Monday to Friday, 9am to 3pm Closed weekends and public holidays

Address:

Located behind the

William Grundt Memorial Library 13 Roberts Street, Kalgoorlie, 6430

Telephone: (08) 9021 9859

Postal: PO Box 2042, Boulder WA 6432

Email: mailbag@ckb.wa.gov.au

Open to everyone over the age of 18. Those under 18 must be accompanied by a parent or guardian.



C.Y O'Connor Men's Shed

What happens in a Men's Shed may surprise you.

The people you meet may surprise you, but what may surprise you the most is how good sharing a cuppa in the Shed makes you feel.



ckb.wa.gov.au/mensshed

About our Men's Shed

Opening its doors in 2010, the C.Y O'Connor Men's Shed became a safe and inclusive space to work on new projects, assist the community, and discover mateship with fellow Shed members.

Our Shed supports positive mental health for all members by creating great relationships, being productive and contributing to our community.

Whether you want to learn a new skill, start a project, or just want to stop by for a chat with a cuppa – we welcome you to the Shed.



Activities include:

- General woodwork and carpentry
- Woodturning and wood burning
- · Relaxing with BBQ's and television
- · Cards, games and pool table
- Morning and afternoon teas
- · Restoring furniture and toy-making
- Various community projects

How to join?

To become a member, please complete an application form and pay the small annual membership fee of \$63.00.

Grab an application form:

- In-person during opening hours
- · Online by scanning the QR code below
- Visit our website ckb.wa.gov.au/mensshed

Completed forms and membership fee can be paid at the Men's Shed during opening hours.





Ladies in the Shed

While the C.Y O'Connor Men's Shed welcomes women at any time, we do have a dedicated *Ladies in the Shed Afternoons* program.

These weekly events encourage women to come and learn a new skill, or brush up on existing skills, such as painting. They are also encouraged to along a project they need assistance fixing.

Program times:

Weekly | Tuesdays and Wednesdays | 1-3pm

